

ALTASTEROL®



ALTASTEROL
RANGE

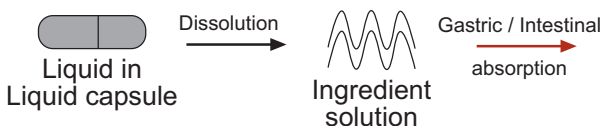
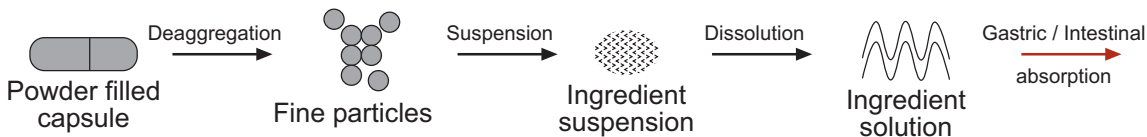
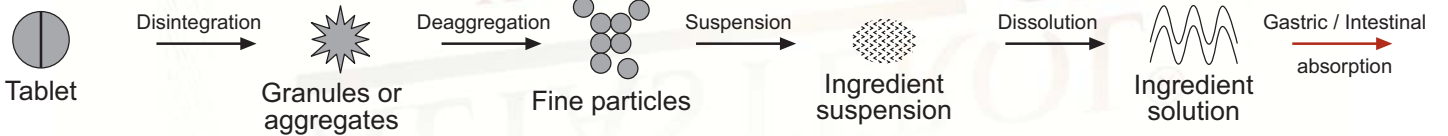
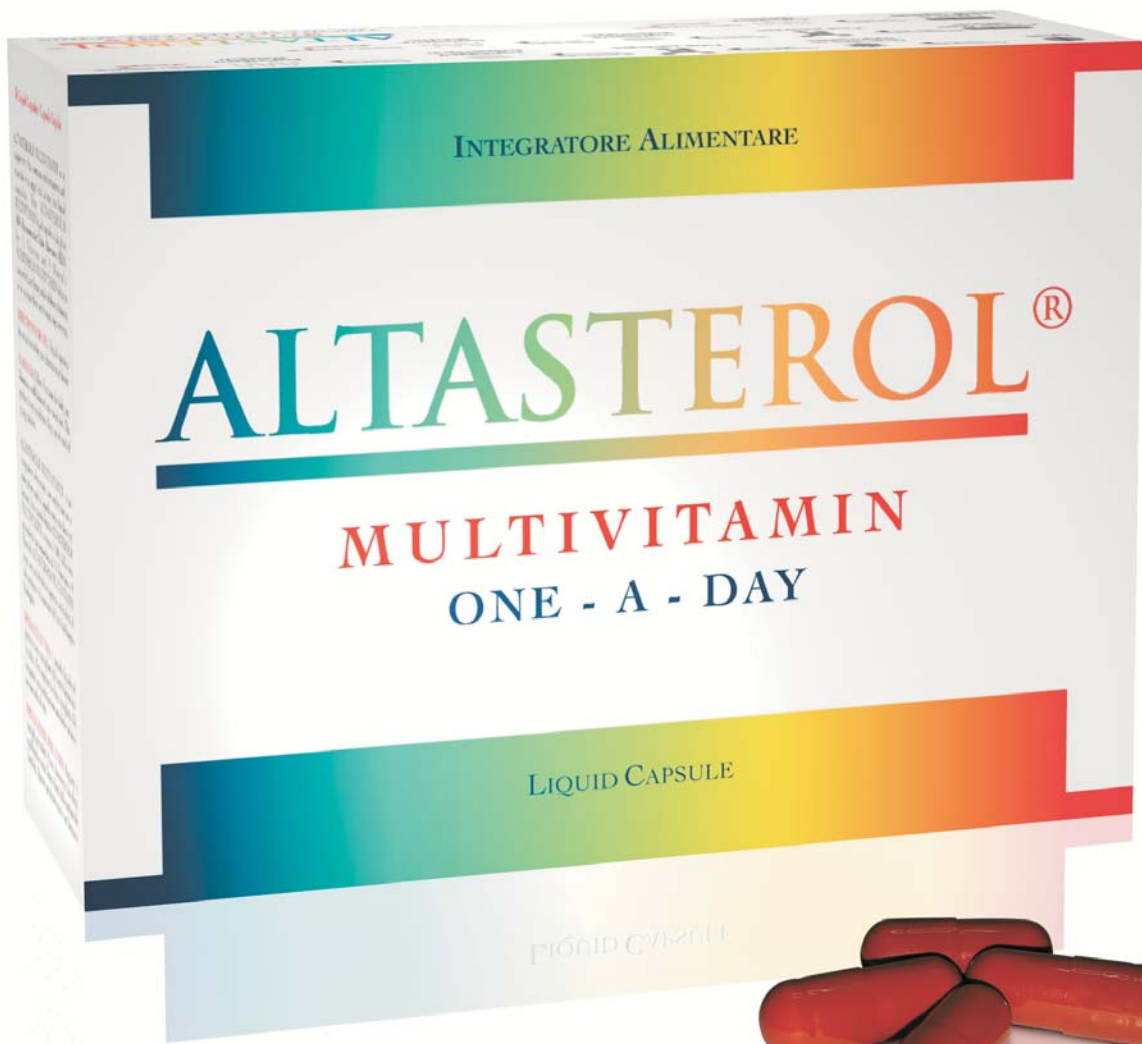


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ALTASTEROL®
MULTIVITAMIN
LIQUID CAPSULES - FAST ACTION

1 1 VITAMINS

NUTRITIONAL VALUES

	per capsule	RDA
Vitamin A	803 µg	100 %
Vitamin B1 - Thiamin	1.1 mg	100 %
Vitamin B2 - Riboflavin	1.4 mg	100 %
Vitamin B3 - Niacin	16 mg	100 %
Vitamin B5 - Pantothenic Acid	6 mg	100 %
Vitamin B6	1.4 mg	100 %
Vitamin B7 - Biotin	50 µg	100 %
Vitamin B12	2.5 µg	100 %
Vitamin C	80 mg	100 %
Vitamin D	5 µg	100 %
Vitamin E	12 mg	100 %
	-	

1 1 MINERALS

NUTRITIONAL VALUES

	per capsule	RDA
Folic acid	202 µg	100 %
Selenium	55 µg	100 %
Zinc	10 mg	100 %
Iron	14 mg	100 %
Chromium	40 µg	100 %
Manganese	2 mg	100 %
Iodine	153 µg	100 %
Copper	1 mg	100 %
Fluoride	3.5 mg	100 %
Calcium	120 mg	15 %
Magnesium	56 mg	15 %

2 SUPPLEMENTS

NUTRITIONAL VALUES

	per capsule	RDA
Refined sunflower oil	290.00 mg	-
Collagen	98.90 mg	-

ALTASTEROL PRO+

COMPONENTS

15 Tablets

INGREDIENTS

100mg Caffeine per tablet

KEY POINTS

ALTASTEROL PRO+ contains pure caffeine, a stimulant that can help maintain optimal mental alertness and make you feel more awake. Each ALTASTEROL PRO+ tablet contains 100 mg of active ingredient caffeine.

USE

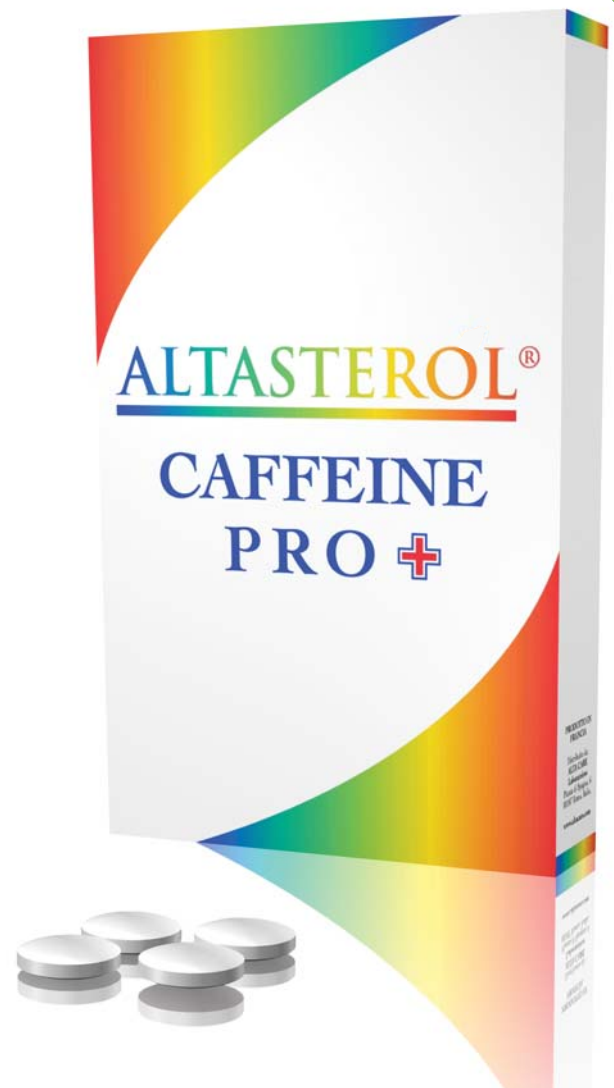
ALTASTEROL PRO+ tablets are for acute conditions of fatigue and for general well-being.

DIRECTIONS FOR USE

1 to 4 ALTASTEROL PRO+ tablets a day or as directed by your doctor or pharmacist. In case you also drink coffee, tea, cola drinks or chocolate, ALTASTEROL PRO+ dose is to be reduced.

PRECAUTIONS FOR USE

Follow directions for daily use. Maintain a well balanced and varied diet. This product is not a medicine. Keep out of reach of young children.



Product / Serving size

Caffeine per serving

Altasterol Pro+ Caffeine 1 tablet (regular strength)	100mg
Altasterol Pro+ Caffeine 2 tablets (extra strength)	200mg
Coffee, brewed 120 mL	67mg
Coffee, espresso 28 mL	50mg
Soft drink, Coca-Cola 355 mL	34mg
Tea, leaf or bag 120 mL	25mg
Tea, green 120 mL	15mg
Chocolate, Dark 1 bar (43 g)	31mg
Chocolate, Milk 1 bar (43 g)	10mg